



AQUA FITNESS

January 2020



HAPPY NEW YEAR

	MONDAY 6,13,20,27	TUESDAY 7,14,21,28	WEDNESDAY 1,8,15,22,29	THURSDAY 2,9,16,23,30	FRIDAY 3,10,17,24,31	SATURDAY 4,11,18,25	SUNDAY 5,12,19,26
830A		Water Works James			Aqua Zumba Christina		
9A	Water Works Kathy		Water Works Billie Mc Susan 15				
930A		Power Splash James		Power Splash James	Water Works Susan	Water Works Mattie 4,25 Beth 18 Aqua Zumba Christina 11	
10A	Power Splash Kathy		Water Works Kathy Tami 8				
2P		Aqua Gold James		Aqua Gold Kathy			Water Works Beth 5,19 Aqua Zumba Christina 12,26
630P	Power Splash Lori	Aqua Zumba Christina	Water Works Lorraine 1,15,29 Mattie 8,22	Power Splash Susan			

All classes and instructors are subject to change. The first name listed is the primary instructor. All others may be substitutes or alternating instructors in that time slot as designated by the date.

770-385-8550

www.alcovyfitness.com

